

First Aid Quiz

1. How many initial rescue breaths should you administer to a baby or a child?
 - a. 7
 - b. 5
 - c. 3
2. If necessary, how many compressions should you administer to a baby or a child?
 - a. 20
 - b. 10
 - c. 30
3. If you are alone how many sets of rescue breaths and CPR should you administer before going for help?
 - a. 3
 - b. 5
 - c. 7
4. How many back blows do you administer to a choking baby or child?
 - a. 5
 - b. 7
 - c. 3
5. Identify one sign that suggests the casualty has a serious head injury
 - a. The child is wide awake and alert
 - b. The casualty is dribbling from the mouth
 - c. The casualty's eyes show an unequal dilation of the pupils
6. If you suspect that the child has a broken arm as a result of a fall you should;
 - a. Attempt to straighten the arm
 - b. Immobilise the arm and seek medical attention
 - c. Pack the arm in ice
7. Following a burn to the hand you should;
 - a. Cover the burn with butter and tell the child's parents
 - b. Wrap the burn in clingfilm and take them to a hospital
 - c. Put the burn under cold running water for up to 10 minutes and seek medical attention
8. If a child has a running nose bleed, you should;
 - a. Pack the nostrils with cotton wool
 - b. Pinch the nose, head placed downwards and encourage them to spit blood from their mouth
 - c. Pinch the nose, and tell the casualty to look up at the ceiling

First Aid Quiz Answers

- 1: b
- 2: c
- 3: a
- 4: a
- 5: c
- 6: b
- 7: c
- 8: b

